

DOWNEAST DISTRICT:

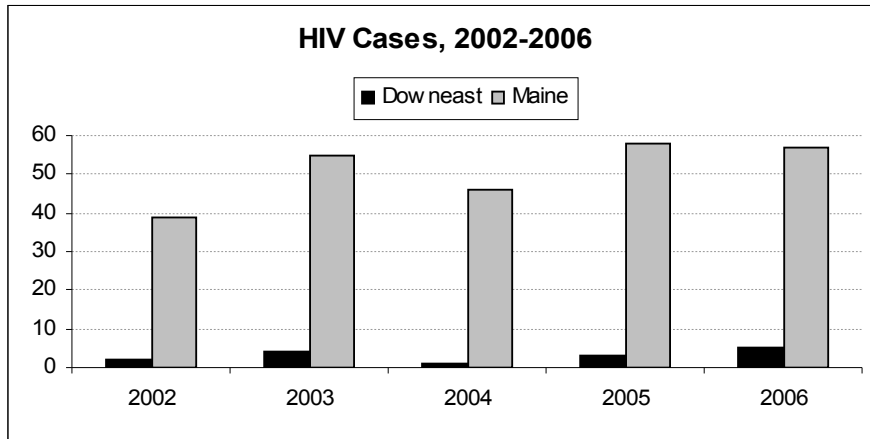
Infectious Diseases

HIV

HIV is a virus that can weaken a person’s immune system, leading to AIDS, a potentially fatal condition characterized by illnesses such as cancers, respiratory infections and uncontrolled weight loss.

HIV infection continues to be a risk in Maine. While medications, medical, financial and social supports can lead some people to experience HIV more as a long term chronic illness, it remains a challenging and costly condition. Nationally up to a third of people with HIV don’t know they’re infected. HIV leads to a vulnerable health status and years of life lost; and it is preventable. As a result, reducing illness and death caused by HIV is an objective of *Healthy Maine 2010*.

Maine CDC’s HIV/STD Program tracks data on HIV and offers technical assistance, training and funds to Maine’s community HIV prevention and care providers. To find out more see the Program and its resources at www.maine.gov/dhhs/boh/ddc/hiv_std_vh.htm.



Maine State HIV Characteristics	2002-2006 N=255
Male	217
Female	38
Under 13	2
13-19	2
20-29	59
30-39	66
40-49	91
Over 49	35
Men Who Have Sex with Men [MSM]	163
Injection Drug Use [IDU]	17
MSM/IDU	2
Heterosexual Contact	30
Pediatric	2
Unknown	41**

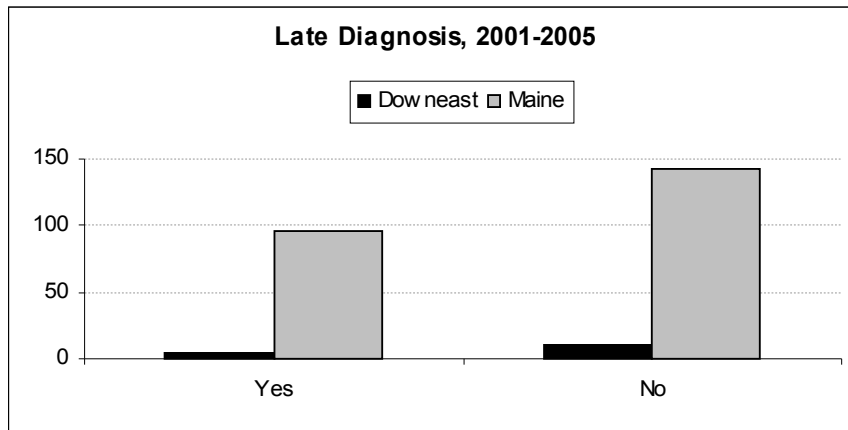
Includes people who did not disclose transmission risk or who disclosed heterosexual contact with partner of unknown risk status; Maine CDC HIV, STD & Viral Hepatitis Program

Late Diagnosis ***(AIDS diagnosis within 12 months of first HIV diagnosis)***

During the past 5 years, 40% of people diagnosed with HIV were ill enough to be classified with AIDS within 12 months of their initial HIV+ test. This likely means they had been infected with HIV for a long while. As many as 500 people in Maine may have HIV and not know it.

Reducing late HIV diagnoses is an objective of *Healthy Maine 2010*, and is the goal of numerous HIV testing initiatives targeting at-risk persons throughout the state.

To find out more about HIV testing and prevention in Maine: www.mainepublichealth.gov.



	Downeast District Number	Maine State Number
Late Diagnosis	5	96
Not a Late Diagnosis	10	142

*Maine CDC HIV, STD & Viral Hepatitis Program